

# Come Run With Us!

Try us out with some group runs before joining.  
Run on the bike path in the Massapequa Preserve.

~ All Abilities Are Welcome ~

We are an active, inclusive, and supportive running club.

• Group training • 5Ks to Marathons • Team race events  
Destination runs & races • Triathlon training • Social gatherings

## See You on the Path

#BORNTORUN #DREAMBIG #RUNDERFUL #FITFORLIFE

YOUR PACE, YOUR DISTANCE  
WE MEET MOST SATURDAYS (7:30AM)  
& SUNDAYS (8AM) AT BRADY PARK

MASSAPEQUAROADRUNNERS.ORG  
FOLLOW US ON FACEBOOK & INSTAGRAM



Join the MASSAPEQUA ROAD RUNNERS CLUB  
... for running partners, motivation,  
training support, social events, and more!



### MASSAPEQUA ROAD RUNNERS CLUB • MEMBERSHIP APPLICATION

MAIL FORM WITH CHECK PAYABLE TO: Massapequa Road Runners, P.O. BOX 189, Massapequa Park, New York 11762

Individual: \$25 for 1 year     Family: \$35 for 1 year

Name: \_\_\_\_\_  Male    Female   Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

Family Membership - List additional names and birth dates:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_